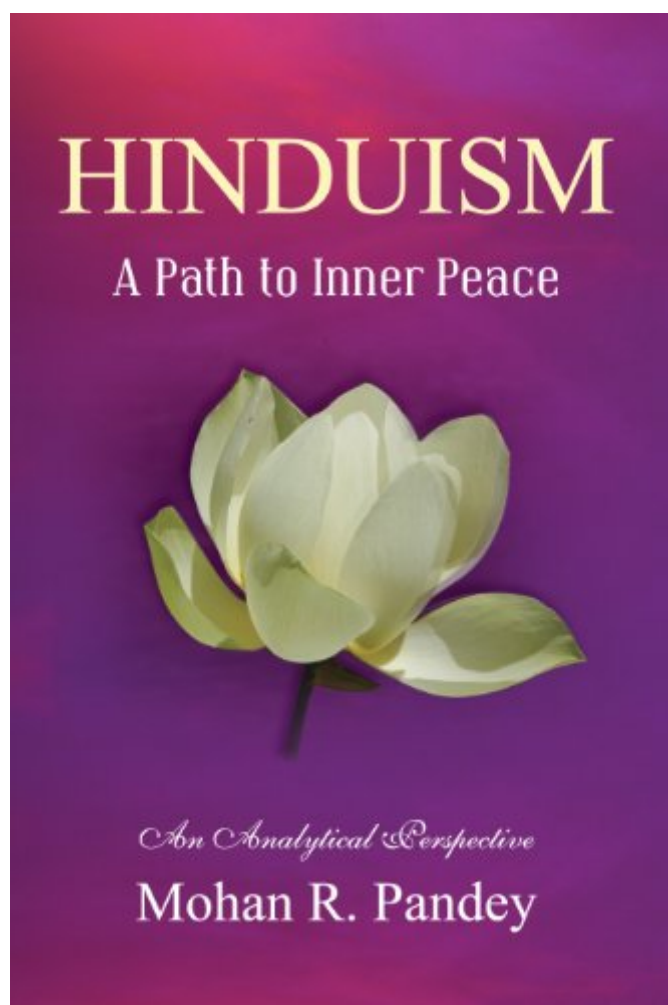


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# Hinduism: A Path To Inner Peace



## Synopsis

This concise book captures the essence of Hinduism and unravels the complexities of this five-thousand-year-old major world faith that evolved out of the collective wisdom and inspiration of great seers and sages. Hinduism, which does not proselytize but advocates unity and respect for all religions, is an unusually diverse faith and quite difficult to fully grasp. This book offers an overview of the Hindu beliefs, the teachings, the deities, the colorful rituals, the pilgrimages, the multiple scriptures, and the various Yogas on the paths to enlightenment. Pandey explores how the faith synthesized a wide spectrum of spiritual realizations, philosophical discourses, local beliefs, and customs of the time, with the timeless wisdom and the metaphysical views of the ancient sages. This engaging and thought-provoking book also examines the compatibility of Hindu visions of reality with modern scientific advancements. It offers an illuminating insight into the use of symbols and Hindu's ease with divergent spiritual outlooks and religious traditions. Pandey also explores the common thread that connects Hinduism with Buddhism and Christianity.

## Book Information

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## Customer Reviews

Would recommend this book to someone that's into religion as it has so much information and is such a long book i have finished reading it but would probably have to read it over a couple of times again just to remember everything it teaches about Hinduism. Another good thing about this book is

that even though sometimes it can be confusing is the way the writer doesn't make it sound overly complicated and try's to simplify it for you which helps you understand it better.

I really enjoyed the book. This book is geared for all faiths who want to learn about Hinduism. Author has described the history of Hinduism, different forms of gods, their concepts and practices in an elegant way. He has introduced beliefs from other religion and compared them with Hinduism, which made it more interesting to read.

It is really simplified and smooth writing which made this book easy understanding. I find it helpful for across the board more so to young enthusiastic readers and parents to educate their kids about Hinduism

This is an interesting and well written book. i had a false conception about Hinduism, but after reading this book i am much more educated and enlightened on this religion.

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